



# Knit One Purl Two

Marcia Hammett, Editor

August, 2008

## *Marin Knitters' Guild Newsletter*

### General Meeting

Saturday, August 9, 2008  
St. Luke Presbyterian Church  
10 Bay Drive  
San Rafael, CA  
10:00 a.m. - 12:00 Noon

### Officers For 2008/2009

President	Elaine Johnson
Secretary	Melissa Woodburn
Treasurer	Dana Dunn
Programs	Marcia Hammett
Newsletter	Marcia Hammett
Snail Mail	Christine Bo-Linn
Website	Nazee Fard
Yahoo Site	Karen Harshfield

### Marin Knitter's Guild Website:

[www.marinknittersguild.org](http://www.marinknittersguild.org)

Webmaster: Nazee Fard

**Please check the website for information on our meetings, projects and membership.**

### President's Message

Elaine Johnson

Now that the summer fairs are over, and we have finished savoring the magnificent entries, we can step back and ask a few questions. For instance, why does some jewelry appear right up front in the Marin Fair, and other jewelry all the way in the back with the "hobbies"? Why are some fiber-based works considered Fine Art, and the spectacular quilts not in that category? Also, why does a blue ribbon-winner for an hors d'oeuvre, hot or cold, get \$25 for a dip or pate it took a few hours to cook, while the blue ribbon for a knitted garment that may have taken months merits only a \$10 check? It would be easy to allow bitterness and cynicism, as we consider the possible answers to these questions, to take over and diminish the joy we experience in our own craft. As unfairly as the Fairs may treat knitters and knitting, we know what rewards it brings us.

I look forward to dyeing with Kool Aid next month, and to the community offered by our Guild and its members.

Elaine Johnson

President

## August Program



This month we will be dyeing with Kool-Aid. Just think about all those luscious colors you can create using this process. Be still my heart!!!

## August Pattern:



### **Provence Baby Sweater**

Available in sizes 6 to 24 months, this cotton baby sweater is perfect for a California baby. The lace detail makes for interesting knitting and the pattern includes charts as well as row by row instructions.

<http://www.classicliteyarns.com/pdf/ProvenceEllaCardigan.pdf>



## *Someone's In The Kitchen With . . .*

Marcia Hammett

### Scalopine in Mustard Sauce

- 1 tbl vegetable oil
- 1 tbl margarine
- 2 whole (or 4 halves) chicken breasts boned, skinned and halved
- ½ C flour
- ¼ C dry sherry wine
- 1-2 Tbl Dijon mustard
- ¼ C milk
- ½ C chicken broth

Heat oil and margarine over medium high heat in large skillet. Put chicken in plastic bag and pound ¼ to ½" thick. Sprinkle with salt and pepper and dredge in flour. Cook about 4 minutes on each side until golden brown. Transfer chicken to heated platter and cover to keep warm. Add broth, sherry and mustard to skillet. Add milk and simmer for 3 minutes, stirring until mixture thickens slightly. Pour sauce over chicken and serve.

Optional: add some tarragon, thyme and mushrooms to mustard sauce.

# July Minutes "Highlighes"

## Treasurer's Report

\$1,882.00

Dana is accepting payments for our Joan Schrouder Workshop

## Attendance

15 Members

Welcome to our newest member  
Diane Davis

## Group Project

Congratulations to Leona . . . .  
She finished her group project

## Old Business

N/A

## Announcements

Congratulations to Christine Bo-Lin for Walking  
in the Avon Breast Cancer Walk!!

Look for a new knitting store:

Llama Llama Knitting

Opening soon in Novato on Grant St. near "Cacti"

## Charities

Our guild has completed 40 scarves for Operation  
Gratitude.

## Raffle Prize

The Raffle was won by Claire Miller

A copy of Friday Night Knit Club  
and Knitting Girl Socks

## Knit Tip

### Yarn and Needle Sizes

If you are wondering how to tell which needle is appropriate for a yarn, you can do it with the help of WPI, that is wraps per inch.

To find the WPI, use a standard ruler. Wrap the yarn around the ruler from any inch mark to the next. Be careful not to leave gaps, don't overlap the wraps, and don't pull tight. Once you have wrapped an inch, simply count the wraps, then use the chart to find the closest yarn category and needle size. The needle sizes are suggestions, your personal knitting tension may dictate a larger or smaller size.

### WPI Category Needle Size Sts/inch

19-22 Fingering 1-2-3 8-7½-7

14-19 Sport 4-5-6 6½-6-5

11-13 DK 6-7 5½-5

10-12 Worsted 7-8-9 5-4½-4

8-10 Bulky 10-10½-11 3½ -3

4-8 Super Bulky 13-15 2½ -2

When you want to combine yarns from your stash in a project, you should select those that have about the same WPI value.

## Web Watch

### ● **Twist Collective**

On August 1<sup>st</sup>, there'll be a new kid on the knitting block – the Twist Collective, a free bimonthly online knitting magazine. The hype makes it sound like *Knitty* on steroids. It's part of the current movement by glimpses of the patterns in the August 1<sup>st</sup> issue.

## **KNITTING RETREAT INFO**

Mary Sue has spots available for the August 22-24 knitting retreat at St Dorothy's Rest. The cost of \$168 which includes all meals for 3 days. Please contact Mary Sue at 707-842-7410 or 707-481-6094.